



**Nana's Book  
Closet presents**

# THE ANGEL TWIN'S USER GUIDE

## Purpose of Guide

This guide provides counselors, teachers and parents with structured ways to use The Adventures of the Angel Twwin's book(s) in individual or group settings. The activities are designed to encourage children to explore their thoughts, recognize peer pressure, and develop healthy coping strategies for negative influences.

## Objectives

- Assist children in recognizing the power of thoughts and how they influence behavior.
- Inspire self-control and resilience against peer pressure and negative thinking.
- Encourage positive character traits such as kindness, courage, and responsibility.
- Provide a safe and fun space for children to practice decision-making through storytelling and role-playing

## Benefits of using our books

- **Facilitates Emotional Literacy**
- **Supports Social-Emotional Learning (SEL)**
- **Promotes Positive Behavior Interventions**
- **Culturally Inclusive Engagement**

## Session Framework

Each counseling session can follow this 4-step model:

**Step 1: Read-Aloud (10–15 min)**  
Select a chapter or story segment. Use expressive reading to emphasize humor, courage, and playful moments.

### Step 2: Guided Discussion (10 min)

Sample questions:

- What thoughts did the Angel Twwins encourage the kids to choose?
- What did Mendo try to do in the story?
- Have you ever had a “Mendo-like” thought sneak into your head? What did it feel like?

**Step 3: Activity/Practice (15–20 min)**  
Choose from the suggested activities listed on the backside.

**Step 4: Reflection & Wrap-Up (5 min)**  
Ask each child: *What positive thought will you choose to pack in your “backpack” today?*

Encourage journaling, drawing, or sharing one takeaway.





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